

Answers to Module 3 Task 12.

Stroking as a way to communicate that one acknowledges someone else's existence fulfils a deep psychological need to be seen, noticed, appreciated, or accepted. When we realise that in different cultures, this may be communicated in a variety of different ways, we start to understand and interpret certain strokes as part of that culture, even though they may seem strange or unexpected by the standards of our own culture.

Types of strokes:

- internal or external;
- positive or negative;
- verbal or non-verbal;
- conditional or unconditional