

### **Answers to Module 3 Task 14 Video 6:**

Non-verbal communication in Eastern Europe is generally less expressive compared to cultures near the equator.

Movements like jumping, waving, or dramatic gestures might seem excessive or overactive to locals, even if they find them interesting to watch. Physical gestures like hugs or kisses are not typical for first meetings and can even be misunderstood. While teenagers or close friends may freely hug and kiss, these gestures are reserved for established relationships, not initial interactions. Compared to hotter climates (e.g., near the equator), Eastern Europeans are more reserved in body language. However, for people from colder climates (e.g., Sweden or Finland), Eastern Europeans may seem warmer and more expressive in comparison. Be reserved at first when meeting locals in Eastern Europe. Avoid overly expressive gestures until you gauge the situation or build rapport. Gradually adjust your communication style based on how people respond to you. Eastern Europe's non-verbal communication is a middle ground between hot and cold cultures. Start interactions with a reserved approach, avoiding immediate physical gestures like hugs, and allow relationships to develop naturally.